

# Waiting: The True Confessions of a Waitress

**By: Sarah Hepola**

In her memoir *Waiting: The True Confessions of a Waitress*, Sarah Hepola offers a behind-the-scenes look at the waitstaff's world. It's a funny, honest, and heartwarming look at the challenges and rewards of serving food and making a living.

Hepola worked as a waitress for seven years, and she has plenty of stories to tell. She writes about the good times, like the nights when she made a lot of money and had great conversations with customers. But she also writes about the bad times, like the nights when she was stiffed on tips or had to deal with rude customers.



## Waiting: The True Confessions of a Waitress

by Debra Ginsberg

★★★★☆ 4.2 out of 5

Language : English  
File size : 321 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 322 pages



Despite the challenges, Hepola says she loved her job. She loved the feeling of being part of a team and the satisfaction of providing good service. She also loved the opportunity to meet people from all walks of life.

Hepola's memoir is a great read for anyone who has ever wondered what it's like to be a waitress. It's a funny, honest, and heartwarming look at a job that is often misunderstood.

## **What Waiters and Waitresses Don't Tell You**

As a waitress, Hepola learned a lot about people. She learned that people are often not what they seem. She also learned that people are capable of great kindness and generosity.

Here are a few things that waiters and waitresses don't tell you:

- **People are often not what they seem.** You never know who's going to be a good tipper and who's going to stiff you. You never know who's going to be polite and who's going to be rude.
- **People are capable of great kindness and generosity.** Hepola tells the story of a customer who left her a \$100 tip on a \$20 bill. She also tells the story of a customer who came back to the restaurant the next day to give her a gift card.
- **Waiters and waitresses are people too.** They have feelings and they're just trying to do their job. They deserve to be treated with respect.

## **The Challenges of Being a Waitress**

Being a waitress is not an easy job. It's physically demanding and it can be emotionally draining. Waiters and waitresses have to deal with long hours, heavy lifting, and rude customers. They also have to be able to multitask and work well under pressure.

Here are a few of the challenges of being a waitress:

- **Long hours.** Waiters and waitresses often work 10-12 hour shifts. They may have to work weekends and holidays.
- **Heavy lifting.** Waiters and waitresses have to lift heavy trays of food and drinks. They may also have to move heavy furniture.
- **Rude customers.** Waiters and waitresses have to deal with rude customers on a regular basis. They may be yelled at, sworn at, or even threatened.
- **Multitasking.** Waiters and waitresses have to be able to multitask. They may have to take orders, serve food, clear tables, and answer the phone all at the same time.
- **Working under pressure.** Waiters and waitresses have to be able to work well under pressure. They may have to deal with a full restaurant and a demanding kitchen.

## **The Rewards of Being a Waitress**

Despite the challenges, being a waitress can also be a rewarding job. Waiters and waitresses get to meet people from all walks of life and they have the opportunity to make a difference in people's lives. They also get to earn a good living.

Here are a few of the rewards of being a waitress:

- **Meeting people from all walks of life.** Waiters and waitresses get to meet people from all walks of life. They may serve celebrities, politicians, and even royalty.

- **Making a difference in people's lives.** Waiters and waitresses can make a difference in people's lives. They can make people's birthdays special, they can help people celebrate anniversaries, and they can even help people get through tough times.
- **Earning a good living.** Waiters and waitresses can earn a good living. They may not get rich, but they can make a comfortable living.

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