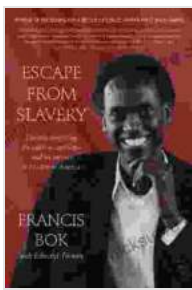


# The True Story Of My Ten Years In Captivity And My Journey To Freedom In America

On a sweltering summer day in 2002, I was kidnapped and taken to a remote compound in the mountains of Pakistan. For the next ten years, I was held captive by a group of militants who subjected me to physical and psychological torture. I was beaten, starved, and sexually abused. I was also forced to convert to Islam and marry one of my captors.



## Escape from Slavery: The True Story of My Ten Years in Captivity and My Journey to Freedom in America

by Francis Bok

★★★★☆ 4.5 out of 5

Language : English  
File size : 1146 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting: Enabled  
Word Wise : Enabled  
Print length : 304 pages



Despite the horrors I endured, I never gave up hope. I knew that one day I would be free. And finally, in 2012, my prayers were answered. I was rescued by a team of U.S. Navy SEALs and brought back to America.

My journey to freedom was long and difficult, but I am grateful for the opportunity to share my story and to inspire others who may be facing similar challenges.

## **The Kidnapping**

I was working as a journalist in Pakistan when I was kidnapped. I was on my way to interview a group of militants when my car was ambushed. I was dragged out of the car and thrown into the back of a truck. I was blindfolded and driven for hours to a remote compound in the mountains.

When I was finally taken off the blindfold, I was shocked by what I saw. I was in a small, dark room with no windows. The only light came from a single bulb hanging from the ceiling. The room was bare except for a few mattresses on the floor.

I was immediately taken to a group of men who questioned me about my work. They wanted to know what I knew about the militants and their plans. I told them everything I knew, but they didn't believe me.

I was then taken to another room where I was tortured for hours. I was beaten with whips and cables. I was burned with cigarettes. I was sexually abused.

The torture went on for days. I begged my captors to stop, but they refused. They told me that I would never be free until I told them what they wanted to know.

I eventually broke down and told them everything I knew. But even then, they didn't believe me. They continued to torture me for another week.

## **The Conversion**

After a week of torture, I was taken to a room where I was forced to convert to Islam. I was told that if I didn't convert, I would be killed.

I was terrified, but I knew that I had to do whatever it took to survive. I recited the words of the Shahada, the Islamic declaration of faith.

Once I had converted, I was taken to another room where I was married to one of my captors. I was told that this was the only way to protect myself from being sexually abused by the other men.

I was married to my captor for two years. During that time, I was repeatedly raped and beaten. I was also forced to do housework and cook for my captor and his friends.

## **The Escape**

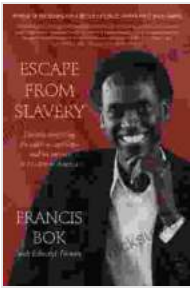
In 2012, I finally escaped from my captors. I was able to flee to a nearby village where I was rescued by a team of U.S. Navy SEALs.

I was brought back to America where I received medical treatment and counseling. I am now safe and sound, and I am grateful for the opportunity to share my story.

## **The Journey To Freedom**

My journey to freedom was long and difficult, but I never gave up hope. I knew that one day I would be free. And finally, in 2012, my prayers were answered.

I am grateful for the opportunity to share my story and to inspire others who may be facing similar challenges. I want to let you know that there is hope. Even in the darkest of times, there is always hope.

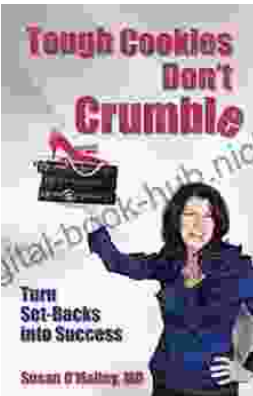


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