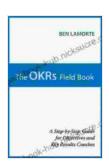
The Definitive Guide for Objectives and Key Results (OKR) Coaches

OKRs (Objectives and Key Results) are a popular goal-setting framework used by businesses of all sizes to align their teams and track progress towards their most important goals. OKR coaches play a vital role in helping organizations implement and optimize their OKR programs. This guide will provide you with a step-by-step overview of the OKR coaching process, from defining OKRs to measuring progress and providing feedback.

Step 1: Define OKRs

The first step in the OKR coaching process is to help your clients define their OKRs. OKRs should be ambitious, yet achievable, and should be aligned with the organization's overall strategy. When defining OKRs, it is important to consider the following factors:



The OKRs Field Book: A Step-by-Step Guide for Objectives and Key Results Coaches by Ben Lamorte

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- Objective: The objective is the overarching goal that you want to achieve. It should be specific, measurable, achievable, relevant, and time-bound (SMART).
- **Key Results:** Key results are the specific, measurable outcomes that you will use to track progress towards your objective. Key results should be quantifiable, verifiable, and time-bound.

Step 2: Set Up an OKR Cadence

Once you have defined your OKRs, you need to establish an OKR cadence. This is the regular schedule that you will use to track progress and make adjustments to your OKRs. The cadence should be frequent enough to allow for regular feedback and adjustment, but not so frequent that it becomes overwhelming.

Step 3: Track Progress

Tracking progress is essential for ensuring that you are on track to achieve your OKRs. There are a number of different ways to track progress, such as using a spreadsheet, a project management tool, or a dedicated OKR tracking software. It is important to choose a method that is easy to use and that will provide you with the insights you need to make informed decisions.

Step 4: Provide Feedback

Feedback is essential for helping your clients stay on track and make progress towards their OKRs. Feedback should be specific, actionable, and timely. It should also be delivered in a way that is supportive and constructive.

Step 5: Adjust OKRs

As you track progress towards your OKRs, you may need to make adjustments along the way. This is perfectly normal, and it is important to be flexible and adaptable. When making adjustments, it is important to consider the following factors:

- The original OKRs: When making adjustments, it is important to stay true to the original OKRs. If you make too many changes, you may lose sight of your original goals.
- The current situation: When making adjustments, it is important to consider the current situation. This includes factors such as the team's progress, the competitive landscape, and any other relevant changes.
- **The future:** When making adjustments, it is important to consider the future. This includes factors such as the team's goals, the organization's strategy, and any other relevant long-term plans.

OKR coaching is a valuable service that can help organizations improve their performance and achieve their goals. By following the steps outlined in this guide, you can help your clients define effective OKRs, set up an OKR cadence, track progress, provide feedback, and adjust OKRs as needed. With the right coaching, your clients can achieve great success with OKRs.



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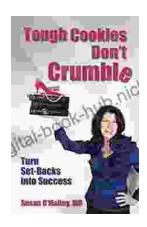
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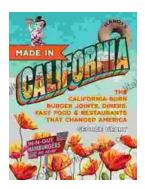
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