# Rebuilt My Journey Back To The Hearing World



#### Rebuilt: My Journey Back to the Hearing World

by Michael Chorost

★★★★★ 4.7 out of 5
Language : English
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Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Print length : 248 pages



#### **Losing My Hearing**

I was 25 years old when I lost my hearing. It was a gradual process, and at first I didn't even realize what was happening. I just thought I was getting older and my hearing was starting to go. But then one day, I woke up and I couldn't hear anything at all. I went to the doctor, and they told me that I had a rare condition called sudden sensorineural hearing loss. There was no cure, and I would never be able to hear again.

I was devastated. I had always taken my hearing for granted, and I couldn't imagine my life without it. I felt like I was losing a part of myself. I withdrew from my friends and family, and I started to feel very isolated.

## **Finding Hope**

One day, I was reading a magazine article about cochlear implants.

Cochlear implants are surgically implanted devices that can help people who have lost their hearing to hear again. I was intrigued, and I decided to do some research. I learned that cochlear implants were not a cure for hearing loss, but they could help me to hear again.

I decided to get a cochlear implant. The surgery was successful, and I was able to hear again for the first time in over a year. It was an amazing feeling. I could hear my wife's voice, my children's laughter, and the birds singing. I felt like I had been given a second chance at life.

#### **Rebuilding My Life**

Getting a cochlear implant was just the first step in my journey back to the hearing world. I had to learn how to use my new device, and I had to adjust to hearing again after so long. It was a challenging process, but I was determined to succeed.

I started by practicing listening to simple sounds. I would listen to the sound of my own voice, the sound of my children playing, and the sound of music. I gradually increased the complexity of the sounds I listened to, and I eventually got to the point where I could understand speech.

I also had to learn how to deal with the social challenges of being deaf. I had to learn how to communicate with people who couldn't hear me, and I had to learn how to advocate for myself. It wasn't always easy, but I eventually learned how to navigate the hearing world.

### **My Journey Continues**

I am now able to live a full and active life. I have a job, I am married, and I have two children. I am grateful for the gift of hearing, and I am determined to make the most of my second chance at life.

My journey back to the hearing world was long and difficult, but it was worth it. I am now able to hear again, and I am able to live a full and active life. I am grateful for the gift of hearing, and I am determined to make the most of my second chance at life.



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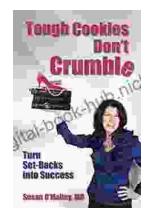
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