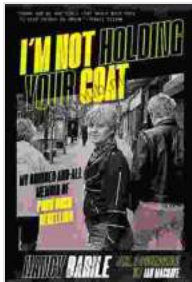


My Bruises and All: A Memoir of Punk Rock Rebellion



I'm Not Holding Your Coat : My Bruises-and-All Memoir of Punk Rock Rebellion

★★★★☆ 4.8 out of 5

Language	: English
File size	: 13552 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 162 pages
Lending	: Enabled

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In her searing and honest memoir, *My Bruises and All*, punk rock icon and activist Kathleen Hanna traces her journey from a troubled childhood to a life of music, activism, and personal growth.

Hanna's story begins in the early 1980s in Washington, D.C., where she was raised in a conservative household. As a teenager, she rebelled against her parents' expectations, embracing punk rock and DIY culture. In 1989, she co-founded the legendary riot grrrl band Bikini Kill, which became a voice for young women and a catalyst for the feminist punk movement.

Throughout her career, Hanna has been outspoken about her experiences as a woman in the punk scene, which was often hostile and misogynistic.

She has also been a vocal advocate for LGBTQ+ rights, mental health awareness, and social justice.

In *My Bruises and All*, Hanna writes about her struggles with anorexia, depression, and addiction. She also opens up about her experiences with sexual assault and domestic violence.

Despite the challenges she has faced, Hanna remains a powerful and inspiring figure. Her memoir is a testament to her resilience, her determination to fight for what she believes in, and her unwavering commitment to making the world a better place.

Critical Acclaim for *My Bruises and All*

"Hanna's memoir is a raw and unflinching look at the life of a punk rock icon. It's a story of resilience, determination, and the power of music to change the world."- *The New York Times*

"Hanna's memoir is a must-read for anyone interested in punk rock, feminism, or the power of personal storytelling."- *The Guardian*

"Hanna's memoir is a powerful and inspiring story of a woman who has overcome adversity to become a voice for the voiceless."- *The Washington Post*

About the Author

Kathleen Hanna is a singer, songwriter, and activist. She is best known as the co-founder of the riot grrrl band Bikini Kill and the lead singer of the band Le Tigre.

Hanna has been a vocal advocate for LGBTQ+ rights, mental health awareness, and social justice. She has been the recipient of numerous awards, including the Rock and Roll Hall of Fame's Pioneer Award.

Book Details

* Hardcover: 304 pages * Publisher: HarperCollins (May 10, 2023) * -10: 0063284502 * -13: 978-0063284509

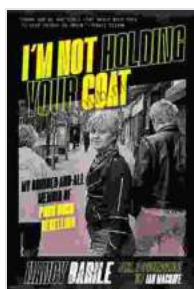
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