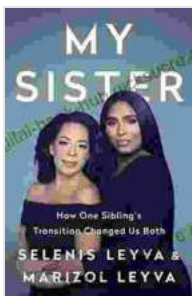


How One Sibling's Transition Changed Us Both: A Journey of Love, Acceptance, and Growth



When my sibling came out to me as transgender, it was a shock. I had never considered the possibility before, and it took me some time to process the information. But once I did, I realized that it didn't change anything about who they were to me. They were still the same person I had always known and loved, only now they were living their truth.



My Sister: How One Sibling's Transition Changed Us

Both by Selenis Leyva

★★★★☆ 4.6 out of 5

Language : English

File size : 4411 KB

Text-to-Speech : Enabled

Enhanced typesetting : Enabled

X-Ray : Enabled

Word Wise : Enabled
Print length : 257 pages
Screen Reader : Supported



I was determined to be supportive of my sibling every step of the way. I went with them to their first doctor's appointment, and I was there for them when they started hormone therapy. I also made an effort to learn more about the transgender experience, so that I could better understand what they were going through.

At first, it was difficult to adjust to my sibling's new identity. I had to get used to using their new name and pronouns, and I had to learn how to talk about their transition in a way that was respectful and affirming. But over time, it became easier. I realized that my sibling's transition was not about me. It was about them, and it was their journey to take.

My sibling's transition has changed our relationship in many ways. We are now closer than ever before, and I am so proud of the person they have become. They have taught me so much about the importance of love, acceptance, and self-discovery.

I am so grateful for the journey that we have been on together. It has been a challenging but also incredibly rewarding experience. I have learned so much about myself and about the world, and I am a better person for it.

How to Support a Sibling who is Transitioning

If your sibling comes out to you as transgender, it is important to be supportive and understanding. Here are some tips on how to do that:

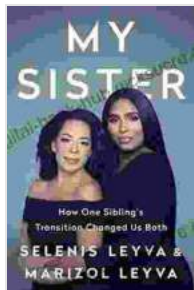
- Listen to your sibling and let them tell you their story in their own way.
- Use their new name and pronouns, even if it takes some time to get used to.
- Educate yourself about the transgender experience. There are many resources available online and in libraries.
- Be patient and understanding. Your sibling may be going through a lot of changes, and they may need time to adjust.
- Let your sibling know that you love and support them, no matter what.

Resources for Transgender Individuals and Their Families

There are many resources available for transgender individuals and their families. Here are a few:

- The Trevor Project is a non-profit organization that provides crisis intervention and suicide prevention services to LGBTQ youth.
- GLAAD is a media advocacy organization that works to promote LGBTQ acceptance and understanding.
- The Human Rights Campaign is a civil rights organization that works to promote LGBTQ equality.
- PFLAG is a national organization that provides support and resources to LGBTQ individuals and their families.

Transitioning can be a challenging but also incredibly rewarding experience. With love, acceptance, and support, transgender individuals can achieve their full potential and live authentically.



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