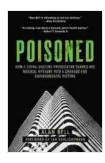
How Crime Busting Prosecutor Turned His Medical Mystery Into Crusade For Justice

William Tong is a former prosecutor and current attorney general of Connecticut. He is also a man who has lived with a rare and debilitating illness for over 20 years. Tong's experience with chronic pain has led him to become a passionate advocate for others who are suffering from this condition.

Tong's illness began in 1998, when he was just 25 years old. He was working as a prosecutor in New York City when he suddenly began to experience excruciating pain in his back and legs. The pain was so severe that he could barely walk or stand. Tong was eventually diagnosed with a rare condition called complex regional pain syndrome (CRPS).



Poisoned: How a Crime-Busting Prosecutor Turned His Medical Mystery into a Crusade for Environmental

Victims by Alan Bell

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★★★★★ 4.6 out of 5
Language : English
File size : 1764 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting: Enabled
Word Wise : Enabled
Print length : 274 pages

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CRPS is a chronic pain condition that affects the nervous system. It can cause extreme pain, swelling, and changes in skin color and temperature. CRPS is often triggered by an injury, but it can also occur spontaneously. There is no cure for CRPS, but there are treatments that can help to manage the pain.

Tong's experience with CRPS has been life-changing. He has had to give up his career as a prosecutor and he has been unable to work for most of the past 20 years. The pain has also taken a toll on his personal life. Tong has been married twice and has two children, but his illness has made it difficult for him to be a husband and father.

Despite the challenges he has faced, Tong has never given up hope. He has used his experience to become a voice for others who are suffering from chronic pain. Tong has testified before Congress about the need for more research and funding for CRPS. He has also worked with the National Institutes of Health (NIH) to develop new treatments for the condition.

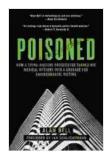
Tong's advocacy work has made a real difference in the lives of countless people. He has helped to raise awareness of CRPS and he has helped to secure funding for research into the condition. Tong's work has also helped to change the way that doctors and other healthcare providers treat chronic pain.

Tong's story is an inspiring example of how one person can make a difference in the lives of countless others. He is a true champion for those who are suffering from chronic pain, and his work will continue to make a difference for years to come.

Here are some tips for advocating for yourself if you are suffering from chronic pain:

- **Educate yourself about your condition.** The more you know about your condition, the better you will be able to advocate for your needs.
- **Find a doctor who understands your condition.** Not all doctors are familiar with chronic pain, so it is important to find a doctor who is knowledgeable about your condition and who is willing to work with you to manage your pain.
- **Keep a pain journal.** A pain journal can help you to track your pain and identify the things that trigger your pain. This information can be helpful to your doctor when making treatment decisions.
- **Be assertive.** Don't be afraid to speak up for yourself. If you are not getting the care that you need, don't be afraid to ask for help.
- **Find support.** There are many support groups and online resources available for people with chronic pain. These groups can provide you with information, support, and companionship.

Living with chronic pain can be challenging, but it is important to remember that you are not alone. There are people who care about you and who want to help you. With the right support, you can manage your pain and live a full and happy life.



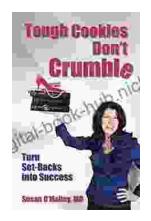
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