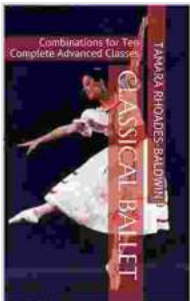


Classical Ballet Combinations For Ten Complete Advanced Classes



Classical Ballet: Combinations for Ten Complete Advanced Classes by Tamara Rhoades-Baldwin

★★★★☆ 4.5 out of 5

Language : English
File size : 322 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Print length : 94 pages
Lending : Enabled



Classical ballet is a beautiful and demanding art form that requires years of training and practice to master. One of the most important aspects of ballet training is learning how to execute combinations of steps correctly. Combinations are sequences of steps that are linked together to create a fluid and graceful dance.

There are many different types of ballet combinations, each with its own unique purpose. Some combinations are designed to improve your technique, while others are designed to help you develop your artistry. In this article, we will provide you with ten complete advanced classical ballet combinations that will help you improve your overall ballet skills.

Each combination is broken down into its individual steps, with detailed instructions on how to execute each step correctly. We also provide a video

demonstration of each combination so that you can see how it is supposed to look.

We recommend that you start with the first combination and work your way through the remaining combinations as you progress in your ballet training. Each combination is designed to challenge you and help you develop your skills. With regular practice, you will be able to master these combinations and improve your overall ballet technique and artistry.

Combination 1

1. Start in first position.
2. Plié.
3. Relevé to demi-pointe.
4. Tendu forward right.
5. Close fifth behind.
6. Tendu back right.
7. Close fifth front.
8. Repeat on the left side.

This combination is designed to improve your balance and coordination.

Combination 2

1. Start in fifth position.
2. Plié.
3. Relevé to demi-pointe.

4. Grand battement forward right.
5. Close fifth behind.
6. Grand battement back right.
7. Close fifth front.
8. Repeat on the left side.

This combination is designed to improve your flexibility and strength.

Combination 3

1. Start in fifth position.
2. Plié.
3. Relevé to demi-pointe.
4. Pas de bourrée forward right.
5. Close fifth behind.
6. Pas de bourrée back right.
7. Close fifth front.
8. Repeat on the left side.

This combination is designed to improve your coordination and musicality.

Combination 4

1. Start in fifth position.
2. Plié.

3. Relevé to demi-pointe.
4. Chassé forward right.
5. Close fifth behind.
6. Chassé back right.
7. Close fifth front.
8. Repeat on the left side.

This combination is designed to improve your speed and agility.

Combination 5

1. Start in fifth position.
2. Plié.
3. Relevé to demi-pointe.
4. Sauté forward right.
5. Close fifth behind.
6. Sauté back right.
7. Close fifth front.
8. Repeat on the left side.

This combination is designed to improve your elevation and jumping ability.

Combination 6

1. Start in fifth position.

2. Plié.
3. Relevé to demi-pointe.
4. Piqué forward right.
5. Close fifth behind.
6. Piqué back right.
7. Close fifth front.
8. Repeat on the left side.

This combination is designed to improve your control and precision.

Combination 7

1. Start in fifth position.
2. Plié.
3. Relevé to demi-pointe.
4. Balancé forward right.
5. Close fifth behind.
6. Balancé back right.



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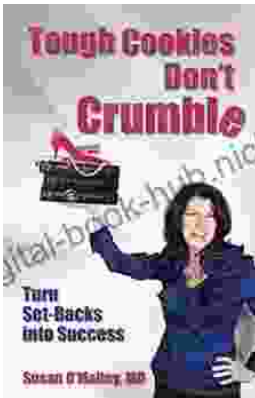
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